

Meyers-Briggs Assessment

You will continue to grow and change throughout your lifetime, but there are elements of your personality that are baked-in and slower to change.

Go to [16Personalities.com](https://www.16personalities.com) and take a free assessment. Then come back and answer these questions.

Question	Answer
What is your Meyers-Briggs Type?	
Are you surprised? Why or why not?	
What are your strengths?	
What are your challenging areas?	
Are you surprised? Why or why not?	

Ideas for improvement: